



SPIRES INTEGRATED PRIMARY SCHOOL

MENU – APRIL 2018

Dinner Cost £2.60 per day

If your child has a food allergy, please ensure you inform the Principal.

	Week Commencing 9 April	Week Commencing 16 April	Week Commencing 23 April	Week Commencing 30 April
Monday	Chicken Curry & Rice or Beef Lasagne & Side Salad ~~~~~ Mini Muffin & Juice	Mini Meat Balls & Spaghetti or Bake Gammon, Cabbage & Champ ~~~~~ Shortbread & Milk Shake	Chicken Bites, Chips & Side Salad or Chicken Fried Rice ~~~~~ Cookies & Milk	Chicken Kebab or Ham & Cheese Toastie, Garlic Cubes & Coleslaw ~~~~~ Ice Cream & Strawberry Sauce
Tuesday	Stuffed Bacon, Turnip & Mashed Potatoes or Vegetable Soup & Ham Sandwich ~~~~~ Yoghurt & Fruit	Chicken Lasagne & Garlic Bread or Sausage & Bacon Roll, Turnip & Mashed Potatoes ~~~~~ Carmel Tart & Custard	Sweet & Sour Chicken & Rice or Mince Pie, Mashed Potatoes & Vegetables ~~~~~ Jam Sponge & Custard	Beef Lasagne & Side Salad or Chicken Pie, Mashed Potatoes & Vegetables ~~~~~ Bakewell Tart & Custard
Wednesday	Spaghetti Bolognese & Garlic Bread or Breaded Cod, Peas, & Mashed Potatoes ~~~~~ Iced Sponge & Custard	Shepherd's Pie or Baked Potato, Bacon & Beans ~~~~~ Iced Sponge & Custard	Pizza & Potato Wedges or Chicken Crumble, Mashed Potatoes & Carrots ~~~~~ Yoghurt & Fruit	Beef Casserole or Sausages, Turnip, Mashed Potatoes & Gravy ~~~~~ Iced Doughnut & Juice
Thursday	Roast Chicken, Stuffing, Gravy, Roast Potatoes & Carrots ~~~~~ Fresh Fruit	Roast Turkey, Stuffing, Gravy, Mixed Vegetables & Roast Potatoes ~~~~~ Fresh Fruit & Yoghurt	Roast Beef, Gravy, Yorkshire Pudding, Carrots & Mashed Potatoes ~~~~~ Brownie & Juice	Braised Steak, Mixed Vegetables, Gravy & Mashed Potatoes ~~~~~ Choc Ice
Friday	Chicken Burger or Fish Fingers Chips & Beans ~~~~~ Ice Cream Tub	Fish Goujons or Chicken Goujons Chips & Side Salad ~~~~~ Fruit Push Up Pop	Breaded Cod or Vegetable Burger, Mashed Potatoes & Peas ~~~~~ Carmel Tart & Custard	Smoked Haddock or Cod Goujons, Parsley Sauce & Mashed Potatoes ~~~~~ Apple/Banana

NB Vegetarian option available on request. Fruit and Yoghurt Available Daily.